

# ST MADELEINE'S PRIMARY SCHOOL

Food Coding  
G – Green fill the menu  
A – Amber select carefully  
R – Red only occasionally  
V – Vegetarian

## MORNING KICK START

Toast – jam or honey (A)	1.50
Raisin toast (A)	1.50
Bacon & egg roll (A)	3.50
Fresh fruit salad (G)	2.50
Muesli and yoghurt (G)	4.00
Fresh seasonal fruit (G)	1.00
Up and Go – chocolate or strawberry	2.80

## TREATS

Low fat banana bread (A)	3.00
Mini muffins (A)	3.00

## JAPANESE BAR

Vegetarian sushi (G & V)	4.00
Chicken Teriyaki sushi (G)	4.00
Tuna sushi (G)	4.00
Crab sushi (G)	4.00

## SALAD BAR

Garden salad (G & V)	3.50
Caesar salad (G)	4.00
Chicken Caesar salad (G)	4.50
Tabouli salad (G & V)	4.00

## SANDWICHES

### (white/wholemeal/multigrain)

Vegemite (G)	2.00
Tasty cheese & salad (G)	3.50
Tasty cheese (G)	3.00
Tasty cheese & tomato (G)	3.30
Lean roast chicken (G)	3.50
Lean roast chicken, lettuce & mayo (G)	4.00
Lean lite ham, tomato & cheese (G)	4.00

## WRAPS

Chicken Caesar schnitzel wrap (A)	3.50
Vegetarian wrap (G & V)	3.50
Chicken tandoori wrap (A)	3.50

**Bread rolls \$1.00 extra**

**Gluten Free bread also available**

## JAFFLES

Cheese (G)	3.50
Cheese & tomato (G)	3.80

## HOT FOOD

Meat pie (A)	4.00
Potato top pie (A)	4.50
Sausage roll (A)	4.00
Mini pie (A)	1.50
Mini sausage roll (A)	1.50
Spinach and ricotta roll (A)	4.50
Chicken nuggets x 4 (A)	3.50
Chicken gougons x 4 (A)	3.50
Cheeseburger (A)	5.00
Chicken burger (A)	5.00
Lean beef burger (G)	5.00
Garlic bread (A)	2.00
Nachocs with salsa & cheese (A)	4.00
Oven baked potato wedges (A)	4.00

## PASTA

Penne Napolitana (G & V)	4.50
Spaghetti Bolognese (A)	4.50
Mac & cheese (A)	4.50
Fried rice (A & V)	3.50
Butter chicken with rice (A)	4.80
Cheese pizza	3.50
Hawaiian pizza	3.80
Cheese & olive pizza	3.80

## FOCCACCIA

Vegetarian – eggplant, sundried tomatoes, capsicum & cheese (A & V)	5.00
Chicken – avocado, chicken, sundried tomatoes & cheese (A)	5.00
Chicken schnitzel – chicken schnitzel, roast capsicums, olives & cheese (A)	5.50

## BEVERAGES

Plain milk 300mL (G)	1.50
Flavoured milk 300mL (G)	3.00
Water 600mL (G)	2.50
Flavoured water (G)	3.00
100% Juice popper (G)	2.00
Juice bottles (G)	2.50
Milkshakes (A)	3.00

## SNACKS

JJ's	2.00
Orchy juice cup (G)	1.50

## ICE BLOCKS

Frozen juice cups	1.20
Zooper Dopers	1.00

